



December 2023 NEWSLETTER

Happy Holidays to our Families!

Brrrr....it's getting cold out there, but we are excited for winter! As it continues to get colder please make sure that your child is prepared with jackets, gloves, hats, boots or extra clothes. Red Rocks goes outside as long as the temperature is above 20 degrees. We strive to allow for gross motor activity as numerous studies have shown the importance of outdoor play for school aged children.

Please be aware that if Jefferson County issues a snow day, late start, or early release due to weather, we will adhere to those guidelines, and this may affect your scheduled care. Please be watchful for emails during bad weather! If you have questions about this policy, please let me know.

Please note care for Winter Break will be at Hackberry Hill.

We will offer care December 20th-22nd and January 2nd-5th.

We will be closed December 25th-January 1st.

Winter Wonders

This is such an exciting and stimulating time of year, especially for the kiddos in our lives. For many, it also comes with lots of treats, gifts, and special memories. Which brings up great opportunities to model and practice gratitude!

Did you know that researchers are now telling us that consistent expressions of gratitude help our brains to notice MORE things to feel thankful about? Gratitude helps wire our brains to notice more things to feel thankful about and feel better – complaining helps wire our brains to notice more things to complain about – and feel worse.

If you'd like to read more, check out the article [Love and Logic: The Gift of Practicing Gratitude](#)

Kindergarten Parents

One of the things we love the most is watching the children in our program learn and grow. This entire semester we have been walking the Kindergarteners to and from their classrooms.

Starting the second week of January we will be having them walk to and from their classrooms independently. Please contact me if you or their teacher have any concerns about this!

Contact Information:

Site Manager:

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Accounting:

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Hours of operation:

6:30am-6:00pm

IMPORTANT DATES:

- o **12/1:** December Tuition Due
- o **12/20-12/22 & 1/2-1/5:** Winter Break at Hackberry Hill. Sign up by 12/6
- o **12/8:** Flex Testing Day – Hackberry Hill
- o **1/15:** RRCC SACC CLOSED for Martin Luther King Day
- o **2/16:** Full Day of care at Betty Adams. Sign up by 2/2
- o **2/19:** RRCC SACC CLOSED for Presidents Day
- o **3/18-3/25:** Spring Break at Semper. Sign up by 3/4

CURRICULUM UPDATES:

This month, we will be exploring winter themed experiments and practicing our building skills with holiday themed supplies. We are also looking forward to practicing kick ball skills in the gym and gaining cardiovascular endurance through tag games!