

RED ROCKS ADVENTURE PROGRAM



Email ben.wygant@rrcc.edu or stop by the Student Rec Center to Register

Dates and times subject to change | Visit <u>www.rrcc.edu/src</u> for more information | Follow us on social media <u>@rrccstudentrec</u>

Adventure Trips

Adventure Tuesday at the SRC

Date: Tue., Aug. 28, 8AM – 3PM

Cost: FREE

Difficulty Level: Easy - Moderate Want to try mountain biking? Stop by the SRC to take a quick ride around the RRCC Lakewood campus. Rides will be going out all day at the top of every hour with equipment provided, and all riders will receive a free RRAP sticker!

Morning Mountain Biking at the SRC

Tue., Sept. 4, 8AM – 10AM Thu., Sept. 27, 8AM – 10AM Tue., Oct. 9, 8AM – 10AM

Cost: FREE

Difficulty Level: Easy - Moderate Enjoy a quick morning ride on Green Mountain. We will leave from the SRC and ride the single-track right outside our front door. All equipment provided by the RRAP.

Outdoor Rock Climbing

Dates:

Sat., Sept. 1, 7AM – 5PM Sun., Nov. 4, 7AM – 5PM

Cost: \$10

Difficulty Level: Easy – Moderate Join us for a day of outdoor rock climbing. If you've never tried climbing, or if you're an experienced climber looking for new partners, this trip is for you. All experience levels are welcome, and leaders, transportation, instruction, and equipment are provided.

Noon Biking at Arvada Campus

Dates:

Wed., Sept. 19, 12-1PM Wed., Oct. 3, 12-1PM

Cost: FREE

Difficulty Level: Easy

Let's take a quick ride around Arvada during lunch where we'll explore the paved and dirt bike trails around campus. All equipment provided.

Beginner 14er Trip

Date: Sat., Sept. 29, 4AM – 5PM

Cost: \$15

Difficulty Level: Strenuous

This is your chance to summit one of Colorado's 54 peaks above 14,000 ft. Transportation, equipment, and leaders provided. No experience necessary.

Beginner Mountain Biking

Date: Sat., Oct. 13, 7AM – 5PM

Cost: \$10

Difficulty Level: Strenuous

Time to cruise around some local single-

track and enjoy the fall colors!



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Free Skills Clinics*

*(By request – contact ben.wygant@rrcc.edu to schedule)
Mountain Bike Basics Clinic
Mountain Bike Maintenance Clinic
Hanging a Bear Bag/Bear Safety
Backpacking Basics Clinic
Leave No Trace Awareness Course
Team Building and Low Challenge
Programs

Resources

Planning your own trip? Want to learn how to fix your bike? Not sure if that mushroom you just ate was poisonous? Check out our Trip Planning Resource room at the Student Rec Center. Maps, guidebooks, flora and fauna identification guides, and how-to books are available to use or check out for free. Just bring your selection to the SRC front desk.

Climbing Wall Programs

Women's Climb Night

Dates:

Wed., Sept. 12, 4 – 7PM
Wed., Oct. 10, 4 – 7PM
Wed., Nov. 14, 4 – 7PM
Join us for a celebration of women in climbing! Whether you're a lifelong climber or are just getting started, spend an evening on the wall with us as we climb in the privacy of our blackout curtains.

Open Adaptive Climbing

Dates:

Tues., Sept. 25, 2 – 6PM
Tues., Oct. 16, 2 – 6PM
Tues., Nov. 27, 2 – 6PM
Come experience a new way to ascend
the climbing wall. Our wall staff will assist
you in climbing to the top on our brand
new adaptive climbing equipment. Open
to everyone!

RRAP Bouldering Competition

Date: Sat., Oct. 20, 10AM – 2PM

Registration Fee: \$10

Test your abilities as a climber at our semi-annual bouldering comp. Enjoy food, friendly competition, prizes, and challenging new bouldering problems.

Haunted Hangdoggin'

Date: Tues., Oct. 30, 2 – 6PM Our most successful event is back! Celebrate All Hallow's Eve with a costume-clad dangle at the wall, complete with ghosts, candy, horror movies, decorations, and more candy.



