



FREE
FOR
SRC MEMBERS!

STUDENT RECREATION &
NATURAL GROCERS PRESENT

FEED YOUR BRAIN COOKING DEMO



INCLUDING
PALEO SALMON CAKES &
SAUTEED KALE

**RSVP TODAY @
SRC SERVICE
DESK**

WEDNESDAY MARCH 20TH, 2019
2:00-3:30PM

RSVP required - RSVP includes free meal and transportation:

Pick-Up (Lakewood): 1:00pm / Pick-Up (Arvada): 1:30pm

Drop-Off (Arvada): 4:00pm / Drop-Off (Lakewood): 4:30pm

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