

CLIMBING WALL PROGRAMS

Augmented Reality Climb

Wednesday, Jan. 30, 2-6PM

Experience augmented reality climbing! We'll project various games and sequences on the wall, and you'll do your best to beat the clock. Challenge your friends to a match or push yourself to your climbing limits!

Women's Climb Nights

Wednesday, Feb. 6, 4-6PM

Wednesday, Mar. 6, 4-6PM

Wednesday, Apr. 3, 4-6PM

Wednesday, May 1, 4-6PM

A monthly celebration of the women of climbing! Whether you're an experienced climber or just starting out, come to the wall for a night of community and fun.

Open Adaptive Climbing

Tuesday, Feb. 12, 2-6PM

Tuesday, Mar. 19, 2-6PM

Tuesday, Apr. 9, 2-6PM

Ascend the wall with our state-of-the-art adaptive climbing equipment! This system was designed by Mark Wellman, the first paraplegic to climb El Capitan.



CLIMBING WALL PROGRAMS

Reel Rock Film Festival at the SRC

Tuesday, Mar. 5

2-6PM: Augmented Reality Climbing

6-7PM: Milk Crate Stacking Contest

7-9PM: Reel Rock Climbing Film Viewing

Join us for a celebration of climbing! Food, prizes, and a free movie screening.

www.reelrocktour.com

Red Rocks Bouldering Competition

Saturday, Mar. 16, 10AM-2PM

Our fun and friendly bouldering competition is back! Test your abilities on challenging routes and win fabulous prizes.



Free Climbing Clinics

Learn to Climb

How to Belay

How to Lead Climb

Climbing Knots

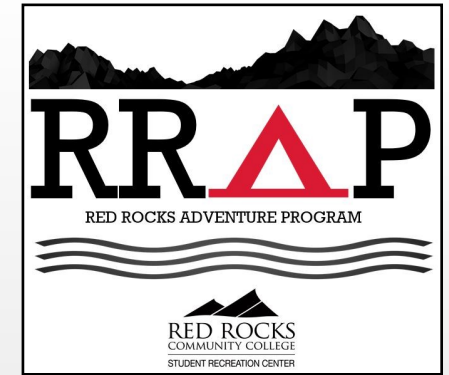
- Just ask the climbing wall staff! -

Climbing Wall Hours:

Staffed/Roped Climbing: Monday - Friday, 2-6PM

Bouldering: Any time during SRC open hours

For more info: www.rrcc.edu/src/climbing-wall



Red Rocks Adventure Program

Trips & Climbing Wall
- Spring 2019 -



Red Rocks Adventure Program

Ben Wygant
Coordinator

Red Rocks Community College
Student Recreation Center
13300 W. 6th Ave.
Lakewood, CO 80228

Phone: 303-914-6379
E-mail: ben.wygant@rrcc.edu
Web: www.rrcc.edu/src



ADVENTURE TRIPS

SNOWSHOEING DAY TRIP

Date: Saturday, February 23, 7AM - 6PM
Cost: \$15
Registration Deadline: Tues. 2/19/19
Difficulty: Easy
Skill Level: Beginner

Want to spend a day in the snowy mountains? Join us for a snowshoeing trip! We'll drive to the Arkansas Valley and spend the day exploring the mountains overlooking some of the tallest peaks in the state. No experience necessary (if you can walk, you can snowshoe!), and we'll provide all the equipment, instruction, and transportation.

MOAB SPRING BREAK

Dates: Sun. March 24 - Thur. March 28
Cost: \$100
Registration Deadline: Mon. 3/18/19
Mandatory Pre-Trip Meeting: Wed. 3/20/19
Difficulty: Moderate
Skill Level: Intermediate

If you're tired of the cold, come away with us for a spring break trip to the desert playground of Moab, UT! We'll spend several days mountain biking the famous singletrack surrounding Moab, and take a few hikes to famous arches and canyons. Some mountain biking experience required. All food, transportation, equipment, and instruction provided.



ADVENTURE TRIPS

ROCK CLIMBING 101

Saturday, April 6, 7AM - 5PM
Cost: \$10
Registration Deadline: Wed. 4/3/19
Difficulty: Moderate
Skill Level: Beginner

Whether you're curious about climbing, new to the sport, or just want a refresher on climbing basics, join us for a day at our local climbing areas. No experience is required, all equipment and transportation provided.

MOUNTAIN BIKING DAY TRIP

Sunday, April 7, 7AM - 5PM
Cost: \$10
Registration Deadline: Thur. 4/4/19
Difficulty: Moderate
Skill Level: Beginner - Intermediate

TIME TO SHRED. Or maybe just take a casual ride and enjoy the scenery. Either way, you'll love riding our brand new mountain bikes through our local parks. Includes equipment, instruction, transportation.



INTRO TO SPORT CLIMBING

Sunday, April 21, 7AM - 5PM
Cost: \$10
Registration Deadline: Thur. 4/11/19
Difficulty: Moderate
Skill Level: Intermediate

We'll teach you the basics of sport climbing, including lead, belay, anchor building and cleaning. Ability to confidently climb and belay on top rope required. Transportation, equipment, and instruction provided.

ADVENTURE TRIPS

SUNSET YOGA HIKE

Friday, May 3, 3PM - 8:30PM
Cost: \$10
Registration Deadline: Wed. 5/1/19
Difficulty: Easy
Skill Level: Beginner

Unwind with a mountaintop yoga session. We'll hike to the summit and experience an invigorating class with an experienced yoga instructor as the sun sets over the Front Range. Equipment and transportation provided.

GRAND CANYON NATIONAL PARK BACKPACKING TRIP

Date: TBA (Mid-May)
Cost: \$250
Registration Deadline: Friday, April 26
Mandatory Pre-Trip Meeting: Mon. May 6
Difficulty: Moderate - Strenuous
Skill Level: Beginner

Ready for the trip of a lifetime? Join us for an expedition to Grand Canyon National Park for several days of backpacking below the rim. We'll explore the interior of the canyon, view local wildlife, camp next to the Colorado River, and spend some time watching sunsets on the rim. Expedition food, transportation, equipment, fees, and instruction are provided.



HOW TO REGISTER:

Stop by the Student Recreation Center Front Desk. For more information, contact Ben Wygant (303) 914-6379, ben.wygant@rrcc.edu



Follow us: [@rrccstudentrec](https://www.instagram.com/rrccstudentrec)

RESOURCES

TEAMBUILDING

Now available!

The Red Rocks Adventure Program is now offering mobile teambuilding programs to the Red Rocks community! Whether you'd like an hour-long or day-long teambuilding program for your club, class, department, or division, we can design a custom experience that will improve communication, problem-solving, and group development. Contact ben.wygant@rrcc.edu for details.

OUTDOOR ADVENTURE CLINICS

Available by request!

Would you like to know more about outdoor adventure? Schedule an instructional clinic with one of our knowledgeable staff. Topics include: backpacking basics, Leave No Trace awareness, bear safety, bike maintenance, rock climbing anchors, trip planning, basic backcountry cooking, and more!

TRIP PLANNING RESOURCES

Visit the [trip planning room in the SRC \(room 4102\)](#)

Come plan the trip of a lifetime. Our trip planning room offers guidebooks, maps, field books, and manuals to help you prepare for any adventure outing. Our interactive screen allows you to search more resources on the web. The trip planning room is free and open to the entire RRCC community.

WANT TO LEAD TRIPS?

Apply for our [Trip Leader Apprentice Program](#)

Our student trip leaders are the backbone of the adventure program. These student employees complete extensive training in technical skills, logistics, and group leadership in order to prepare them to lead RRAP trips. Interested? Contact ben.wygant@rrcc.edu for more info.

***All program times and dates subject to change.**