The meeting was held in Arvada as well as via Zoom.

The recording can be viewed [HERE](https://us02web.zoom.us/rec/play/6nJXvLEzf87mV21ZxEl2ZiNsnN3jUJV8zapbYd9rVI-pidg1FnLk8AbQi20lvYBZk0qwAVBE2p7hU5e5.-0ILXUB5NlbTx321?canPlayFromShare=true&from=share_recording_detail&continueMode=true&componentName=rec-play&originRequestUrl=https%3A%2F%2Fus02web.zoom.us%2Frec%2Fshare%2FkkHs8iobSPZmHvi8z2VVCvmRTYiPSP34PBTQ7j7ByJVXlWOz9SQhqkdCXcQle1qQ.scCVORSjh1E-ewhw). Enter passcode pq%8Z=xa

Some highlights from the meeting:

* We welcomed new staff members and congratulated Lauren Brown on her promotion to Director of the Student Rec Center.
* The STEM Leadership Academy already has 27 students! Way to go, Leah and Elise!
* Some staff members have formed three different **affinity groups**. Keep an eye on your email for affinity group invites/updates. If you would like to start a new affinity group, reach out to   
  Jen Macken.
* RRCC is hosting an in-person JCMH **Adult Mental Health First Aid** training, June 12th – 9 am to   
  4 pm.\* Learn how to help someone in need of mental health support. Class size limited to 30 RRCC community members. \*Additionally, the session requires ~ two hours of online pre-work.

For more details and to register:

[https://mhfa06122023.eventbrite.com](https://mhfa06122023.eventbrite.com/)

* **HR’s Alternative Work (Schedule) Arrangements** information can be found [HERE](https://www.rrcc.edu/human-resources/policies-and-procedures).­
* 23/24 benefits & the new TBX system were discussed. The deadline to submit was 5/15/23.
* **Ashley Tracey, Director & Faulty of the Integrative Health Programs** gave us some program updates.
  + IHP was historically founded on nursing.
  + RRCC is one of two Colorado community colleges to offer IHP programs.   
    [Front Range](https://www.frontrange.edu/programs-courses/program-list/integrative-health-massage.html) is the other.
  + Many of our students transfer to MSU, with whom with have an articulation agreement (all 60 credits transfer in). **MSU** offers [bachelor’s degrees in IHP (majors and minor) as well as Nutrition (majors and minor](https://www.msudenver.edu/admissions/transfer-toolbox/community-college-transfer-guides/)). Some courses offered at MSU include the following:

Acupuncture, Ayurvedic Medicine, Chiropractic Medicine, Cultural Aspects of Nutrition, Lactation Management, Public Health, Traditional Chinese Medicine, Ethnobotany…

Below is a list of **RRCC’s IHP certificate programs,** as well as the types of financial assistance IHP students may receive for their certificates:

* [Integrative Health Practitioner](https://rrcc.smartcatalogiq.com/en/current/catalog/academic-programs-and-areas-of-study/integrated-health-professions/integrated-health-certificates/integrative-health-practitioner-certificate/) (16 credits) – FAFSA/CASFA aid; Care Forward Colorado
* [Reflexology](https://rrcc.smartcatalogiq.com/en/current/catalog/academic-programs-and-areas-of-study/integrated-health-professions/integrated-health-certificates/reflexology-professional-certificate/) (18 credits) – FAFSA/CASFA aid
* [Wellness Coaching](https://rrcc.smartcatalogiq.com/en/current/catalog/academic-programs-and-areas-of-study/integrated-health-professions/integrated-health-certificates/wellness-coaching-certificate/) (25 credits) – Care Forward Colorado
  + The cohort as of Fall 2023 will be able to sit for the National Board Exam  
    <https://nbhwc.org/become-a-board-certified-coach/>
* [Yoga Teacher](https://rrcc.smartcatalogiq.com/en/current/catalog/academic-programs-and-areas-of-study/integrated-health-professions/integrated-health-certificates/yoga-teacher-training-certificate/) (10 credits) – Colorado Career and Technical Education Grant (CTE)
* [Energy Medicine Certificate](https://rrcc.smartcatalogiq.com/en/current/Catalog/Academic-Programs-and-Areas-of-Study/Integrated-Health-Professions/Integrated-Health-Certificates/Energy-Medicine-Certificate) (15 credits) - Colorado Career and Technical Education Grant (CTE)

**CTE**requires Colorado residency (for tuition purposes) and demonstration of financial need.  
**Care Forward Colorado** details can be found at <https://www.rrcc.edu/financial-aid>

**IHP courses offered at RRCC** include the following:   
Aromatherapy, Crystals and Minerals, Feldenkrais Awareness, The Healing Mind, Healing Touch, Herbology, High Level Wellness, Journaling, Reflexology, Reiki, Jin Shin, Stress Management,   
Role of Art in Healing, Gardening, Cooking, Dietary Nutrition, Digestive Wellness, Meditation, special topics (cannabis, astrology, mindfulness…)

Ashley hopes to create some internship opportunities for IHP students via the RRCC Career Success Center by offering free sessions each semester to staff and faculty, giving students additional hands-on experience. As an example, student who just took Reiki (energy healing) provided staff with free sessions in Arvada early May.

50 hours of experience is required (within a 6-month period, if wishing to take the national exam) for the Wellness Coaching certificate.

Academic Advisors: If an IHP course(s) gets canceled and a student is looking for an IHP substitute course, keep in mind that **FRCC also offers IHP courses**. The **Consortium Agreement** is a Financial Aid Office process that may help the student receive their financial aid based on their total combined credit hours at both schools. The Consortium Agreement form can be found under Financial Aid [General Forms](https://www.rrcc.edu/financial-aid/forms).

If you would like an IHP student to come speak to your office or class, please reach out to Ashley.

**Thank you all for making 22/23 a fun and successful year!**

And last but not least…ATP Prize drawing!

If you attended at least three ATP meetings between August 2022 and May 2023, and attended the all-campus potluck in December and/or cast your vote for 23/24 ATP Chair-Elect, e-mail me with the subject line “ATP Fitness Drawing” to be entered for a chance to win a **one-month RRCC Student Recreation Center pass (valued at $30.23)**.   
Paid for by the 23/24 ATP Chair.

No purchase necessary.   
One entry per ATP member.   
Release of liability form must be signed prior to facility use.   
RRCC staff ID required for entry to facility.

The drawing will take place at 8 AM on May 24th and the winner’s name will be posted on my office door (room 1209, FinAid) and at the Arvada Campus Info Desk. Good luck! 😊