

WOULD YOU BE ABLE TO FIGHT OFF AN ATTACKER? IF NOT, THEN LEARN HOW!

The course includes lecture, discussion and self-defense techniques. No prior experience needed. Age limit (12 and up). Open to those who identify as women.

Advanced R.A.D. February 22 & 23, 2020 • 9am-6pm

Basic R.A.D. April 25 & 26, 2020 • 9am-6pm

Basic R.A.D. June 3, 10, 17, 24, 2020 • 6pm-9pm

Advanced R.A.D. August 1 & 2, 2020 • 9am-6pm

Basic R.A.D. November 21 & 22, 2020 • 9am-6pm



90% OF SELF-DEFENSE IS EDUCATION. FIND OUT WHAT YOU CAN DO TO PROTECT YOURSELF AGAINST SEXUAL PREDATORS AND OTHER ATTACKERS!

RSVP:



Ericka.Rendon@rrcc.edu or Sam.Hufschmidt@rrcc.edu



303-914-6394



Sponsored by: RED ROCK CAMPUS POLICE DEPARTMENT

The R.A.D. system is a comprehensive, women-only course that teaches risk awareness, risk prevention, risk reduction, and risk avoidance. These four personal safety factors are the building fundamentals in the progression of the basics for hands-on self-defense training. R.A.D. is not a martial arts program. Our courses are taught by nationally certified R.A.D. instructors and provide each student with a workbook/reference manual. This manual outlines the entire Physical Defense Program for reference and continuous personal growth. This manual is the "Golden Ticket" to our free lifetime return and practice policy anywhere in the world where the class is offered. www.rad-systems.com











